

Treat yourself or a loved one to a well deserved break from shopping and cooking!



HOT MEALS

HOT MEAL DELIVERY Enjoy Great Food and a Wellness Check!

Tempting, ready-to-eat meals delivered by our friendly volunteers.

A once a week treat or daily comfort, it is up to you.

Likes, dislikes and dietary needs accommodated.

HOT LUNCH with soup, crackers, bread, butter & dessert

SOUP & SANDWICH LUNCH
with salad, dessert & muffin

SUPPER ON WHEELS
Evenings with dessert

Meals on Wheels (Lunch): Delivered Monday to Friday. Supper on Wheels: Delivered Tuesdays only.



See our full menu and pricing on our website or give us a call. We are happy to help!

GIFT CERTIFICATES AVAILABLE



FROZEN FOOD

FROZEN MEALS

Single Entrée

Soup or Dessert

Breakfast Snack

(juice + muffin or cereal)

ORDER MORE & SAVE!

7 Entrée Package

5 + 5 Package

(5 entrées + 5 soups or desserts)



FROZEN MEAL DELIVERY or PICK-UP

Over 100 entrées, soups, and desserts to please every taste and diet!

How about salmon in lemon sauce, bangers & mash, or roast chicken?

And for dessert, chocolate brownie, apple crisp, or strawberry shortcake...

...Simply scrumptious!

Wheels to Meals

Friendly Faces, Tasty Places

Join us for a fun lunch outing to a local restaurant or alternative community venue. It's a great way to get out, enjoy a good meal, and connect with others in your community. Lunch is paid by each participant, and low-cost transportation options are available. Come out, relax, and enjoy good food and great company!



Congregate Dining Monthly Building Lunches: Meet. Mingle. Enjoy.

Enjoy a warm meal and good company right in your own building! These monthly lunches are a great way to meet your neighbours, socialize, take part in fun activities, and learn about supports available to you. Meal dates and sign-up sheets are posted in each participating seniors' building. **Want to know if this program is available in your building? Give us a call at 905-873-6502.**



Links2Care

**A community that is
cared for, always.**

Telephone 905-873-6502

Toll Free 1-866-920-6502

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Fax 905-873-6195

Social Media: Follow us



@links2care

www.links2care.ca



Our Funders



Ontario 



Ontario
Health

The information herein is available in alternate formats upon request.
Meals Program offered in Georgetown & Acton.



Links2Care



**Meals
for Seniors
& Adults
with Disabilities
in Halton Hills**