

# Ways You Can Help



## CHILDREN & FAMILIES

### EarlyON Child and Family Centres

Free drop-in activities, early learning programs, and parenting support for families with children aged 0–6.

### School Age Program

Before- and after-school care that supports learning, creativity, and social development for children enrolled in JK/SK through to Grade 5 at Joseph Gibbons and Park Public Schools in Georgetown.

### Backpack Program

Free school supplies for students in need to start the school year ready to succeed.

## ALL AGES

### Food & Essentials Program

Fresh, frozen, and non-perishable food, toiletries, and household essentials.

### Utility Bill Support

Emergency funding and subsidy support for utility-related financial stress.

### Income Tax Filing

Free tax filing by CRA-trained volunteers.

### Homelessness Prevention

Assistance for individuals and families who are precariously housed or at risk of homelessness.

### Holiday Giving Program

Gift bags and essential items for community members in need during the holidays.



### Community Navigation

Halton Region & Mississauga Support with housing, financial issues, health concerns, forms, applications, and accessing local resources.



## SENIORS & ADULTS WITH DISABILITIES

### In-Home Support Services

Halton Region, Mississauga, and South Etobicoke Personal care, housekeeping, laundry, shopping, meal preparation, and home maintenance support.

### Friendly Visiting

Halton Region Regular visits that provide companionship and reduce isolation for seniors.

### Meals Programs

Halton Hills (Acton & Georgetown)

Hot lunch and supper delivery.

Frozen meals, soups, and desserts for delivery or pickup.

Congregate dining in select residences.

Wheels to Meals- lunch outing to a local restaurant or alternative community venue.

### Shop Assist

Halton Hills (Acton & Georgetown)

Food order and delivery.

Eligibility criteria may vary by program. Some services may have waitlists or limited capacity. Please contact us for details.

# GET INVOLVED

## Volunteer

Friendly Visiting • Meals delivery • Program assistance • Board and committee roles

## Donate

New clothing • Toiletries • Food • School supplies • Gift cards • Monetary donations

## Fundraise or Promote

Help us raise awareness in your community, workplace, school, or group.



Links2Care is a non-profit, community-based organization serving people of all ages in Halton Region, Mississauga and South Etobicoke. We offer a wide range of services that support healthy living, independence, and social connection, and our volunteers are at the heart of it all.

Serving: Halton Region • Mississauga • Etobicoke



# Links2Care

**A community that is cared for, always.**




**Telephone** 905-873-6502

**Toll Free** 1-866-920-6502

**Email** [info@links2care.ca](mailto:info@links2care.ca)

**Fax** 905-873-6195

**Social Media:** Follow us

   @links2care

[www.links2care.ca](http://www.links2care.ca)



## Our Funders



**Ontario Health**

March 2026



# Links2Care



# Community Support Services

Caring Connections.  
Stronger Communities.