

Programs & Services

Serving Halton Region, Mississauga, and Etobicoke

Home Maintenance & Repair

Available in: Halton Region, Mississauga, South Etobicoke

Connects older adults (65+) and adults with disabilities to reliable local providers and small businesses for a variety of indoor and outdoor home tasks. Services include minor general repairs, odd jobs, grass cutting & gardening, cleaning & organization, window & eavestrough cleaning, and snow removal. *Fees apply.* Service offerings may vary by region based on availability of providers.



Bathing Support

Available in: Halton Hills (Georgetown and Acton), Milton, Mississauga, Oakville, South Etobicoke

In-home support with bathing for seniors and adults with disabilities. *Space is limited and eligibility criteria apply.*



Community Navigation

Available in: Burlington, Halton Hills (Georgetown and Acton), Milton, Mississauga, Oakville

Personalized support to identify and action accessing financial, housing, mental and physical health resources.

Home Help

Available in: Burlington, Halton (Georgetown and Acton), Milton, Mississauga, Oakville, South Etobicoke

Support with light housekeeping and daily living tasks for seniors and adults with disabilities who live alone or with a spouse who also requires support. *Space is limited and eligibility criteria apply. Fees apply.*

Relief for Caregivers

Available in: Halton Hills (Georgetown and Acton), Milton, Mississauga, Oakville, South Etobicoke

Short-term, in-home support to allow family caregivers a much-needed break.

This service is available to those with limited supports and mobility challenges. *Space is limited and eligibility criteria apply.*

IMPORTANT: *Eligibility criteria may vary by program. Some services may have waitlists or space limitations.*

Friendly Visiting

Available in: Halton Region

Regular social visits by trained volunteers to help reduce isolation and enhance well-being.

This service is available free of cost.

Shop Assist

Available in: Halton Hills (Georgetown and Acton)

Grocery order and delivery service.

Meals Program

Available in: Halton Hills (Georgetown and Acton)

- Hot, frozen entrees, and sandwiches meal delivery at noon or early evening
- Wheels To Meals Outings
- Congregate Dining in selected buildings

Community Support Acton

Available in: Halton Hills (Georgetown and Acton)

Income Tax Assistance, Low Income Energy Assistance Program (LEAP) applications, Access to Food Pantry and general assistance, Holiday Giving.

Get Involved

Make a difference in your community!

You can help us by:

- Volunteering
- Donating
- Participating in Fundraising Events
- Promoting Links2Care in Your Community

About Us

At **Links2Care**, we are dedicated to enhancing the well-being of individuals and families.

As a **not-for-profit community support agency**, we provide accessible, high-quality programs and services that connect people of all ages to the care, resources, and support they need to live with **independence and dignity**.



Links2Care

A community that is cared for, always.

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Our Funders



Ontario 



Ontario Health

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Links2Care



**Programs
for Seniors
& Adults with
Disabilities**