

# Links2Care

is  
a non-profit, charitable, community  
support organization delivering a  
wide variety of programs and  
services to enhance the lives of  
people living in Halton Region,  
Mississauga, and South Etobicoke.

## OUR VISION

**A better  
quality of life  
through care,  
support and  
connection.**

How  
you  
can  
**HELP!**

## Volunteer

as a friendly visitor, driver, or board member,  
in our programs, offices or events.

## Donate

new clothing, toiletries, school supplies, gift cards,  
or money; in person, by mail or online.

## Sponsor

a local family for Holiday Giving

## Fundraise

in support of Links2Care

## Talk us up

to family, friends, co-workers, the community—everyone!

## OUR FUNDERS

We are funded through provincial and  
municipal governments as well as other  
grants, donations, and fundraising.



United Way  
Halton & Hamilton



Ontario  
Health



Ontario  
MINISTRY OF EDUCATION



Links2Care

## Seniors & Adults with Disabilities

in Halton, Mississauga and S. Etobicoke

**Telephone** 905-844-0252

**Toll Free** 1-866-844-0252

**Email** info@links2care.ca

**Fax** 905-844-5656

**Website** www.links2care.ca

**Facebook** @links2care

### Oakville

2030 Bristol Circle, Suite 202,  
Oakville, ON L6H 0H2

### Georgetown

360 Guelph Street, Unit 33,  
Georgetown, ON L7G 4B5

### Charitable Registration

# 106684533 RR0001

*The information herein is available  
in alternate formats upon request.*

Apr. 2022



Support for  
**Seniors  
& Adults**

**with Disabilities**  
in Halton, Mississauga,  
and South Etobicoke



Links2Care



**Meeting** the needs of our **Community**

www.links2care.ca

# SUPPORT FOR SENIORS 65+ and Adults with Disabilities in Halton, Mississauga & South Etobicoke

*Links2Care strives to support our clients' personal preferences and to promote independence for clients to remain safely in their homes for as long as possible.*

## HOME MAINTENANCE

*(fee-based in Halton, Mississauga, & South Etobicoke)*

Our handypersons help repair and maintain your home including:

- ✓ Lawn and Garden Care
- ✓ Grab Bar or Shelf Installation
- ✓ Seasonal Cleaning
- ✓ Eaves Troughs
- ✓ Window Cleaning
- ✓ Painting
- ✓ Minor Repairs

## BATHING

*(free in Halton, Mississauga, & South Etobicoke)*

Our personal support workers provide weekly in-home bathing and associated services.

## COMMUNITY NAVIGATION

*(free in Halton & Mississauga)*

Our community navigators provide assistance coping with financial, housing, health, physical, or emotional crises, including:

- ✓ Navigating the health care system
- ✓ Housing applications
- ✓ Hoarding issues
- ✓ Accessing financial support
- ✓ Dealing with elder abuse
- ✓ Referrals to mental health services



## CAREGIVER RECHARGE

*(free in Halton & Mississauga)*

Our personal support workers provide in-home relief for caregivers who have been supporting loved ones.

## HOME HELP

*(fee geared to income in Halton, Mississauga, & South Etobicoke)*

Our community support workers provide assistance with:

- ✓ Housekeeping and Laundry
- ✓ Grocery Shopping
- ✓ Meal Preparation
- ✓ Appointment accompaniment (via taxi/public transit at client cost)

Must require at least 2 services above to qualify.

## FRIENDLY VISITING & CALLING

*(free in Halton)*

Our volunteers are matched with clients to offer regular home visits and/or phone calls for wellbeing checks, emotional support, and social interaction to combat isolation and boost mental and physical health.